

## Adult Mental Health (C1)

Center: \_\_\_\_\_ Site: \_\_\_\_\_ Date: \_\_\_\_\_

ID#: \_\_\_\_\_ Age: \_\_\_\_\_ Insurance: \_\_\_\_\_

Division Reviewer: \_\_\_\_\_ Annual/Ongoing Assessment Update: \_\_\_\_\_

### ASSESSMENT

Evidence of Initial Engagement: \_\_\_\_\_

Presenting Problem: \_\_\_\_\_

C-SSRS/Safety Plan if indicated? \_\_\_\_\_

Is the Safety Plan easily accessible? \_\_\_\_\_

Readable \_\_\_\_\_ Social History \_\_\_\_\_ Symptoms (MI/SA) \_\_\_\_\_ Community supports \_\_\_\_\_ Housing \_\_\_\_\_

Cultural \_\_\_\_\_ Trauma History \_\_\_\_\_ Treatment History \_\_\_\_\_ Legal \_\_\_\_\_ Transportation \_\_\_\_\_

Developmental \_\_\_\_\_ Family History \_\_\_\_\_ Employment \_\_\_\_\_ LGBTQ \_\_\_\_\_ DLA-20/CMNA \_\_\_\_\_

### DIAGNOSIS

DSM-V/ICD-10: \_\_\_\_\_

Symptoms supporting diagnosis? \_\_\_\_\_

### PERSON-CENTERED RECOVERY PLAN

Recovery Focused/Individualized: \_\_\_\_\_

Consumer's Life Goals: \_\_\_\_\_

Person-Centered Treatment Goals: \_\_\_\_\_

Barriers: \_\_\_\_\_

Strengths: \_\_\_\_\_

Objectives (Measurable, attainable and are they tied to the goals?): \_\_\_\_\_

\_\_\_\_\_

Interventions (Frequency and Duration?): \_\_\_\_\_

Progress Notes (with plan): \_\_\_\_\_

Evidence of Coordination across providers: \_\_\_\_\_

Evidence of Coordination during transitions: \_\_\_\_\_

Copy of Plan given to/and signed by Client: \_\_\_\_\_

### **HOLISTIC APPROACH TO WELLNESS**

Primary Care Doctor identified: \_\_\_\_\_ Monitor Weight: \_\_\_\_\_ Diabetes Screening Arranged?: \_\_\_\_\_

Identify Tobacco use in Assessment: \_\_\_\_\_ If yes, tobacco cessation offered: \_\_\_\_\_

Provide consumers with PES on physical health concerns and how to improve their health: \_\_\_\_\_

Emphasize Exercise along with healthy leisure and recreational activities in programming: \_\_\_\_\_

Inclusion of Peer Services in Treatment: \_\_\_\_\_

Supported Employment (Assessing for and providing opportunities for employment?): \_\_\_\_\_

### **System/Program/Therapist Strengths:**

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### **Notes:**

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